

wellabe®

Medico  
Insurance Company  
A Wellabe Company

# Short-term Care Insurance<sup>1</sup>



# Prepare today to make a better tomorrow

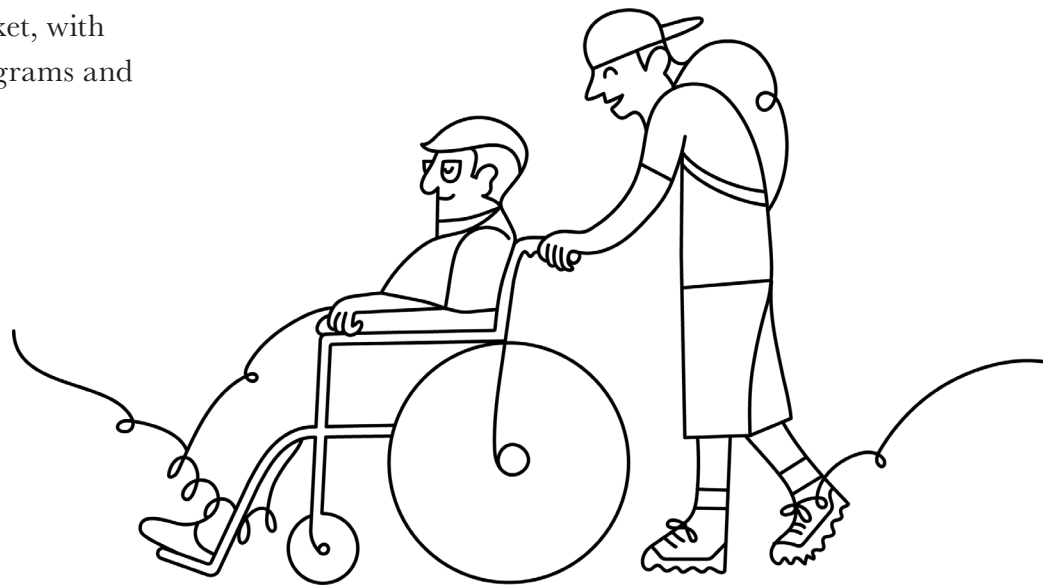
---

When one health care situation leads to in-home or nursing facility assistance, it can quickly deplete your savings. Short-term Care insurance not only helps you maintain an active lifestyle and stay in your home, but it also makes sure your retirement is well protected. You can do more, worry less, and make every day better.

## EXTENDED CARE COSTS ADD UP

Wellabe's Short-term Care insurance plan helps you protect your finances from an unexpected situation in the future if you need extended care.

- Someone turning age 65 today has almost a **70% chance of needing some type of long-term care** services and support in their remaining years.<sup>2</sup>
- On average, 42% of people need less than 1 year of at-home paid care and 37% of people need less than 1 year of any skilled care in facilities.<sup>2</sup>
- An average American turning 65 years old today will likely incur \$120,900 in future extended care costs, measured in today's dollars.<sup>3</sup>
- Families will pay more than one-third (37%) of those costs out of pocket, with the rest covered by public programs and private insurance.<sup>3</sup>
- The estimated national average costs in 2023 are:<sup>4</sup>
  - \$7,698 per month for a private room in a nursing home
  - \$3,628 per month for care in an assisted living facility (one-bedroom unit)
  - \$44 per hour for a RN, \$31 per hour for a LPN, \$20.50 per hour for a health aide
  - \$20 per hour for homemaking services



## Short-term Care insurance fills gaps

Medicare Parts A and B cover some home health services and inpatient skilled nursing facility care costs, but they don't cover extended care.<sup>5</sup> Part A copays and the Part B deductible usually apply, which could mean steep out-of-pocket costs. Short-term Care insurance can help cover these gaps.

Short-term Care insurance can also help if you're unable to qualify for or afford Long-term Care insurance. Short-term Care insurance has fewer restrictions for qualification and types of care it covers. It's commonly less expensive than Long-term Care insurance, and it provides benefit payments sooner. Considering many individuals with Long-term Care insurance only need care for less than one year,<sup>2</sup> Short-term Care insurance just makes sense.

### HOW IT WORKS

Short-term Care insurance offers coverage for extended care in your home. It covers both medical and non-medical help. You select a daily benefit amount up to \$300 per day for up to 360 days<sup>6</sup> of home health care.<sup>7</sup> Your plan pays you a full cash benefit for each day you receive care. If you fully recover from the condition requiring care and do not receive care for 180 consecutive days, your benefits will restore one time.<sup>8</sup>

If you're between the ages of 40 and 89, you can apply for Short-term Care insurance. Your health can positively affect your premium and coverage — the better your health, the better the coverage.



## ASSISTANCE WHEN YOU NEED IT

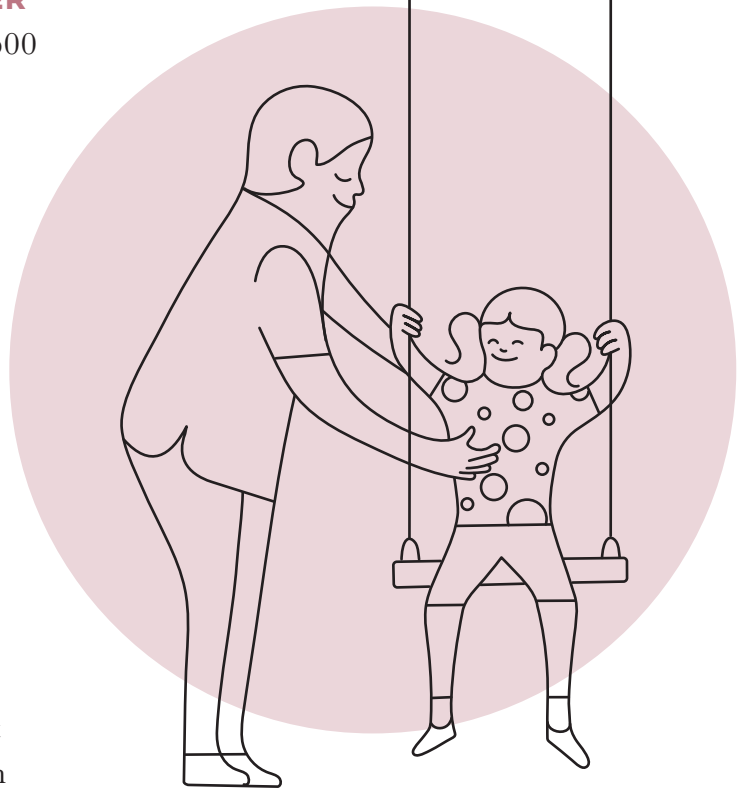
Wellabe's Short-term Care insurance plan also offers benefits that make sure you're well prepared and well protected when you do need care.

- **THE HOUSEHOLD IMPROVEMENT BENEFIT** provides you \$500 for home modifications that help you remain at home, such as installing ramps, widening doorways or hallways, modifying a bathroom, and more.
- **THE CARE COORDINATION BENEFIT** provides you \$500 to help set up a care plan when the need arises.

## OPTIONAL ADD-ONS<sup>9</sup>

You can choose up to four optional benefits for an additional cost:

- **THE NURSING FACILITY CARE RIDER** allows you to elect a daily benefit up to \$500 per day for up to 360 days<sup>6</sup> of additional care in a facility.<sup>7</sup> The rider also includes a 21-day bed reservation benefit that pays the daily amount to hold a care facility room during a hospital stay. You can also choose the **Nursing Facility Care Rider with Inflation Protection**.<sup>10</sup>
- **THE INFLATION PROTECTION RIDER** allows you to add inflation protection to the base Home Health Care Benefit. The Inflation Protection Benefit increases the daily benefit amount by 5% of the original daily benefit on each policy anniversary.
- **THE ADULT DAY CARE RIDER** pays \$50 per visit for up to 20 visits to an adult day care setting.<sup>7</sup>
- **THE RETURN OF PREMIUM RIDER** allows a portion of the premium to be returned if the policy is terminated.<sup>11</sup>



## Valuable discounts

Couples who apply together, save together. Spouses or any two people in the same household who are over 40 years old are eligible for a 7% discount. You can double your discount to 14% if both apply and are issued a Wellabe Short-term Care insurance policy. And if you also apply for or already have a Medicare Supplement policy with any Wellabe company,<sup>12</sup> you're eligible for the 5% multiple Wellabe policy discount.<sup>13</sup>



## Customer resources

When you become a Wellabe policyholder, you'll have access to resources that make it easy to make the most of your plan, including our mobile app, customer portal, and Customer Success team via email or phone. Visit [Wellabe.com/Customer-Resources](https://www.wellabe.com/customer-resources) to learn more.

---

### Footnotes

1. The Short-term Care product is called Home Health Care Insurance Policy in Iowa.
2. U.S. Department of Health & Human Services. "How much care will you need?" <https://acl.gov/ltc/basic-needs/how-much-care-will-you-need>. Viewed June 2023.
3. Risks and Financing, 2022 Research Brief – ASPE. Published August 2022. <https://aspe.hhs.gov/sites/default/files/documents/O8b8b7825f7bc12d2c79261fd7641c88/lts-risks-financing-2022.pdf>
4. U.S. Department of Health & Human Services. "Costs of Care." <https://acl.gov/ltc/costs-and-who-pays/costs-of-care>. Viewed June 2023.
5. U.S. Department of Health & Human Services and Centers for Medicare & Medicaid Services. "Medicare and You" handbook. <https://www.medicare.gov/Pubs/pdf/10050-medicare-and-you.pdf>. 2023.
6. The benefit is available up to 270 days in Idaho.
7. This benefit has an elimination period of 0 or 20 days.
8. If the insured qualifies for the Essential Care Plus plan, they're eligible for a one-time restoration of benefit if they fully recover and don't receive care for 180 days.
9. Varies by state.
10. Inflation protection increases the daily benefit amount by 5% of the original daily benefit on each policy anniversary.
11. The Return of premium rider is a graded benefit based on the duration of the policy. After 10 years, 25% of premium is returned; 15 years, 35% of premium is returned; and 20 years, 50% of premium is returned. The payout is minus any claims paid at time of termination.
12. Insurance products are underwritten by Wellabe companies: Medico® Insurance Company, Medico® Corp Life Insurance Company, Medico® Life and Health Insurance Company, American Republic® Insurance Company, American Republic® Corp Insurance Company, and Great Western Insurance Company.
13. The multiple policy discount is not available in Ohio.



## Let's do more, worry less, and make every day better

Since 1929, we have provided solutions to help people protect their health and financial well-being. Every day, we show we care through our shared values and doing what's right. We'll always be here helping people be well so they can prepare for tomorrow and live better today.

Medicare Supplement • Hospital Indemnity  
Dental • Short-term Care • First Diagnosis Cancer  
Preneed • Final Expense

**Policy forms:** STC23; STC23(CO); STC23(IL); STC23(MI); STC23(MO); STC23(NC); STC23(OH); STC23(SD); STC23(TX); STC23(WY)

This product is underwritten by Medico® Insurance Company, a Wellabe company. Each underwriting company is solely responsible for its own contractual and financial obligations. THIS IS A LIMITED POLICY. This brochure is intended to provide a general description of the plan benefits. Plan provisions and benefits may vary from state to state. This plan has exclusions and limitations. For costs and further details of coverage, see your producer or write to Wellabe, P.O. Box 10386, Des Moines, IA 50306-0686 or call 800-228-6080. If there is a discrepancy between the brochure and the contract, the contract language prevails. This is a solicitation of insurance, and a licensed producer may contact you. © 2024 Wellabe, Inc. All rights reserved.